

# MUSICAL INSTRUMENT PRACTICE RUBRIC

## When you PRACTICE EFFECTIVELY...

- ✓ Your playing skills improve rapidly.
- ✓ Your accurate, expressive playing is an important contribution to the band.
- ✓ You earn high grades on playing tests.
- ✓ You are doing what it takes to be a TRUE MUSICIAN.

HOW EFFECTIVE IS YOUR PRACTICE TIME? WHAT CAN YOU IMPROVE?

	Not very Effective	Somewhat Effective	EFFECTIVE PRACTICE	<u>SUPERIOR PRACTICE HABITS</u>
Practice Time	Practices little or not at all. Less than 2 sessions per week	Less than 100 minutes per week. 2-3 sessions per week	100 minutes per week. 4-5 sessions per week	More than 100 minutes per week. More than 5 sessions per week
Practice Space	Sits on floor or bed. No music stand used. Many distractions such as TV, stereo, siblings.	Uses chair and music stand. Some distractions may interrupt practice time	Uses straight-backed chair and music stand in a quiet room with no distractions.	/
Practice Procedure	Uses little or no warm up. Plays mostly songs that are already learned.	Knows what needs work but skips over hard parts. Does not practice for mastery.	Practices assigned material. Works on harder parts longer. Slows music down for accuracy.	Uses careful warm up. Works on hard parts until they are learned. Looks for other challenging music.
Practice Schedule	Plays at different times each day. Needs to be reminded to practice.	Plays at or near the same time each day but if something else comes up, will skip practicing	Has a daily practice schedule and sticks to it.	Sticks to a daily practice schedule. Sometimes plays longer than scheduled.
Practice Goals	Rarely sets goals. Practices without a plan of action	Has general idea of what needs work but no specific plan.	Has a plan for each practice session. Continues working until goal is achieved.	Sets short and long term goals for each session and overall musical development.
Working With Rhythm	Does not count. Usually guesses note lengths.	Counts at least 50% of the time. Taps foot to keep track of the beat.	Always taps foot & counts 90% of the time when playing.	Always counts. Works out difficult rhythms.